



RELATION OF ATHLETIC IDENTITY WITH INJURY AND HELP SEEKING TENDENCIES OF NATIONAL LEVEL PLAYERS

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Abstract:

Sports and games are pervasive forces permeating American culture. There are basic institutions in the social fabric and cultural universals for all people regardless of race, creed, geography or politics. Sports per se are difficult to define because it has so many meaning. At last, the significance of sports is natural in the social capacity that it may give a present day society. Sage theorizes that organized sports at the higher level, serves as a social agent for the deliberate scaling of the young into acceptance of our societal ethic. Game you in a stress are and it's your people with goals of an odd situation imperative and continuous constant quality of the request that is. It is expected to go to the solid mental quality focus and amazing trend level of claimants of psychological over weak rivals at normal hand. Objective of the examination investigate analyst had picked an example of 30 national level players from different five regions of Nashik. A purposive analyzing methodology in light of arbitrary examining was obtained to create the example estimate. True blue well-being measure was taken that selective those national level players from different five regions of Nashik had picked who had played the national level competition and prepared to reach at quarter last of competition.

Keyword: Athletic identity, Injury, Help seeking tendencies and National level players.

Introduction:

Game you in a stress are and it's your people with goals of an odd situation imperative and continuous constant quality of the request that is. It is expected to go to the solid mental quality focus and amazing trend level of claimants of psychological over weak rivals at normal hand. Game in engine protection phase of the most basic thorough performance level up determining a specific form of the important part of the requirement It is a psycho - physical

interaction is the brain of an extraordinary obstacle is that academic cutoff points for through the help of which is more zealous and national factors by extended. Research shows that athletes encounter emotional Intelligence at an indistinguishable rate from non-athletes. Report is that the general population of the same rate to competitors in the displeasure of the investigation of which is and concerns the issue of competitors in the normal. In addition it shows is that non - competitors in comparison to competitors and diet-related issues alcohol on dependence and steroid to use in part to more real threat.

Material and Method:

The purpose of this study was to Study of effect Relation of Athletic Identity with Injury and Help Seeking Tendencies of National Level Players. It was a descriptive survey method was used. For the study 30 National players of Nashik state of various games i.e. Kabbadi, Volleyball and Handball who had represented national and interuniversity competition. They were equally each group 10 players selected into, Kabbadi, Volleyball and Handball game national players. Questionnaire on Risk, Pain and Injury developed by Nixon (1994) was conducted on boys national players obtained data was analyzed by using descriptive statistics.

Results of the study:

The obtained results are present in the following table which represents the results of descriptive analysis of the mean of National players.

Table no. 1, Descriptive Statistics Injury of National Level Players of Nashik

Statistics	National Level Players
Number of Subjects	30
Mean	50
Standard Error of Mean	0.95
Standard Deviation	4.56
Variance	8.62
Skewness	15.62
Standard Error of Skewness	0.55
Kurtosis	0.165

Standard Error of Kurtosis	2.5
Range	30

Table no. 2, Descriptive Statistics of help seeking tendencies National Level Players of Nashik

Statistics	National Level Players
Number of Subjects	
Mean	30
Standard Error of Mean	50
Standard Deviation	0.92
Variance	4.5
Skewness	8.2
Standard Error of Skewness	15.32
Kurtosis	0.56
Standard Error of Kurtosis	0.179
Range	4.2
	40

Discussion of the findings:

Psychological variables affecting sports performances have for some time been perceived. Psychological issues concerning an assortment of sports have likewise been tended to in an extensive number of scientific studies which have inspected large portions of the mental qualities amid competition. In the course of the most recent two decades wear brain research has added to the execution of world class competitors through the execution and routine with respect to mental methods strategies, for instance injury and help seeking tendencies. Injury, help seeking tendencies, Aid Seeking Tendencies, hardness and bruise, figuring the assembled data and interpretation this hypothesis was acknowledged. If there should be an occurrence of the distinctive region of National level players of Nashik of different Regions as far as the Obstinacy, abrasion, Temperamental what's more, Affliction and this hypothesis were likewise rejected in the terms psychological variables. Hence, It can be resulted that there might be noteworthy connections of psychological variables which is acknowledged by Attitude

towards pain, obstinacy, affliction, bruise on account of abrasion, temperamental what's more, affliction are rejected among National level players and affect their performance.

Conclusion:

The present examination proves that the players of specific players of these chose factors end up being useful devices in understanding the occasion of accomplishment and disappointment among the members. Aside from this, this investigation can encourage the way toward creating strategies and the advancement of those qualities which can be useful in making progress in sports. During the time spent choice, distinguishing proof, physiological and psychological readiness for sports competitions, sports will likewise be useful in making mindfulness among the general population and encouraging physical instructors, mentors, physical coaches, sports psychologists and sports directors. This investigation will likewise encourage the choice of athletes and the improvement of preparing and psychological profiles of athletes in the light of their performance level.

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