



A STUDY OF SOCIAL SKILLS AMONG SECONDARY SCHOOL STUDENTS IN RELATION TO DEMOGRAPHICAL VARIABLES

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Abstract

The present study was conducted with the purpose of see a comparative and relation study of social skills rural and urban student. The present study was conducted to a randomly selected sample of 100 students. The tool of “Social Skills Rating Scale” was developed by Dr.C.M.Bindhu and K.Ligina was used for the collection of the data in the present study. The data were analyzed by employing mean, SD, t - test. The results of the study showed that there not significant difference between Social Skills rural and urban students.

Key-words: - Social Skills, Relation, Gender and Locale.

Introduction

Social skills are the skill we use every day to interact and communicate with others. They include verbal and non verbal communication, such as speech, gesture, facial expression and body language. A person has strong social skills if they have the knowledge of how to behave in social situations and understand both written and implied rules when communicating with others. Children with a diagnosis of Autism Spectrum Disorder Pervasive Developmental Disorder and Asperser’s have difficulties with social skills. Social skills are vital in enabling an individual to have and maintain positive interactions with others. Many of these skills are crucial in making and sustaining friendships. Social interactions do not always run smoothly and an individual needs to be able to implement appropriate strategies, such as conflict resolution when difficulties in interactions arise. It is also important for individuals to have ' empathy 'as it allows them to respond in an understanding and caring way to how others are feeling. Social skills are an important component in both a personal and a professional capacity. Having strong social skills can help you excel in your

career, perform well when interviewing , help you achieve career goals and expand your professional network . There are many specific skills that fall in the social skills category. In this article, we explore what social skills are , why they're important and examples of some of the most important interpersonal skills you should possess as a professional .

Review of literature

Whether improved social skills produced positive academic skills resulted in a student's successful educational experience in high school needs additional evaluation. In spite of limitations, Ray & Elliott (2006) suggested that the limitation in their study provided direction for future research related to students social and academic competence and have implications for the selection of intervention targets aimed at improving student's school performance. Teachers must be equipped with research, studies, proffered suggestions and results to use as educational equipment and tools to assist and help them to teach the student basic academic skills, while teaching and demonstrating acceptable social skills that will benefit them beyond high school (Tatum, 2006). The changing

dynamics of our society and world through technology and global synergy, makes it imperative that teachers and educational leaders find solutions to aid the student in achieving academic success during their school age years and prepare them academically and socially for their roles beyond high school (Garrett, 2006).

Antonio ET. All (2007) found that the objective of this article is to present a critical analysis of the research outlines used in empirical studies published between the years 2000 and March of 2007 about social anxiety disorder and its associations with social skills. Seventeen papers were identified and grouped into two classes for analysis, namely: Characterization of Social Skills Repertoire (N = 10) and Therapeutically Modalities - Application and Comparison of Clinical Intervention (N = 7). The critical analysis of the research outlines pointed to the necessity of new studies with clinical and non-clinical samples, with random allocation of individuals, with the proposition of contextualized interaction tasks, in order to support the generalization as to the association of the social skills and social anxiety disorder, and to demonstrate the functionality and process by which anxiety interferes with social performance.

Rationale of the Study

A good social skill ensures better peer relationships when children grow older. As students develop social skills in school, hence it becomes a part of their behaviour, which helps them in interaction with people with different sectors. Social skills learning improves students' positive behaviour and reduces negative behaviour. While effectively preventing a variety of problems such as alcohol and drug use, violence, truancy, and bullying, social skills learning promotes students' academic success, health, and overall well-being. Social psychology, an academic discipline focused on research relating to social functioning, studies how interpersonal skills are learned through societal-based changes in attitude, thinking, and behaviour. Relating with people and being able to work in large groups naturally develops one's communication skills. After all, you cannot have great social skills without good communication skills and being

able to convey one's thoughts and ideas may be the single most important skill that you can develop in life. Verbal Communication: Verbal communication might be the most obvious of social skills. When we think of social interactions, we often think first of speaking with others.

Statement Of The Problem

Social Skill Among Secondary School Student's Relation To Gender And Locale In District Sonapat Operational Definition Of Key Terms

Secondary School Students

Secondary School students are students of classes IX, X, XI, and XII. These are those students who are passing through the period of adolescence, which is the most important period of human's life. In the present study only students who were studying in class IX and X were taken up.

Objectives Of The Study

To find out the difference between mean scores of Social Skills among Govt and Private school students.

To find out the difference between mean scores of Social Skills among Boys and Girls school students.

Hypotheses Of The Study

1. There will be no significant difference of Social Skills among Govt and Private school students.
2. There will be no significant difference of social skills of boys and girls of secondary school Students.

Methodology Of The Study

The descriptive survey method will be used

Sample Of The Study

In present study, a sample of 100 students was selected using sampling procedure with 50

Students from rural area and 50 students from urban area

Variable Of The Study

In the present study one Variable used i.e. social skills.

Tools To Be Used

For measuring the Social Skills of the secondary school student's Social Skill Rating Scale

Was used. It was developed and normalized by Dr.C.M.Bindhu and K.Ligina.

Statistical Techniques To Be Used: -
Result

Mean, Sd And T - Test To Be Used

Objective 1 To find out the difference between mean scores of Social Skills among Govt and Private school students

Tables 1

Groups	N	Mean	S.D.	T-test	Level of significant
Govt school students	50	285.5	18.78585	0.314842	0.01
Private school students	50	289.74	22.97275		

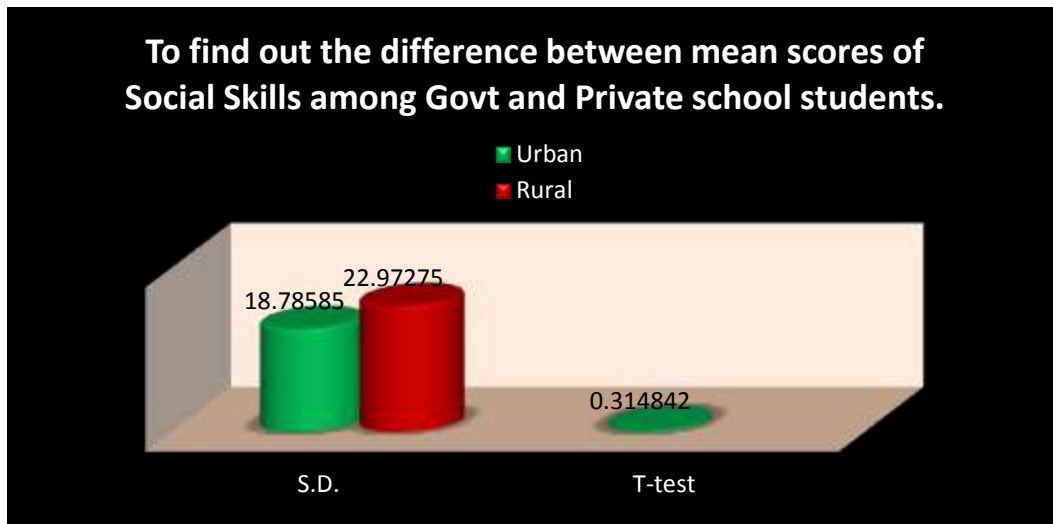


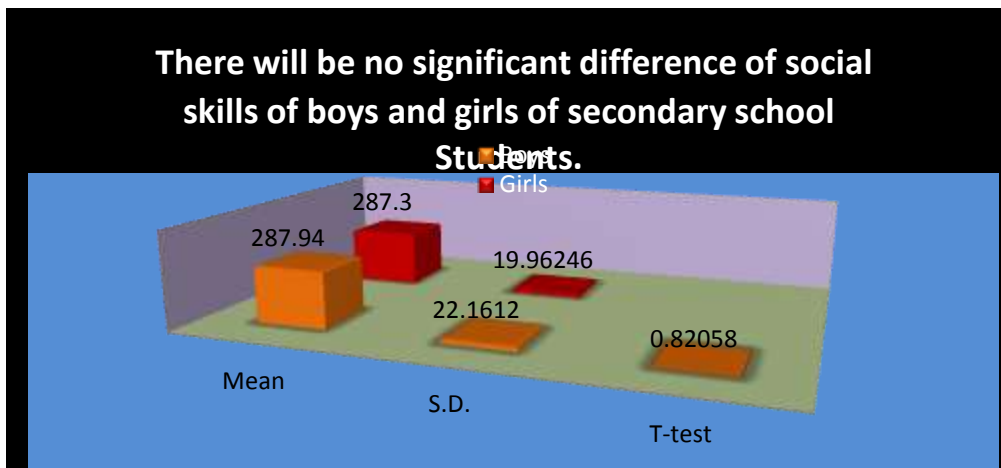
Table 1 & fig. 1 showed that, the mean score of social skills of urban and rural students are 285.5 and 289.74 respectively. The 't' - value comes out to be 0.314842 which is significant at 0.01 levels. Therefore, the null hypothesis is accepted. There will be no

significant difference social skills of urban and rural. There exists significant difference in the mean scores of Social Skills between urban and rural students. Since the mean of the rural students is Social Skills greater than the mean of the urban students.

Objective 2 to find out the difference between mean scores of Social Skills among Boys and Girls school students.

Tables 2

Groups	N	Mean	S.D.	T-test	Level of significant
Boys	50	287.94	22.1612	0.82058	0.01
Girls	50	287.3	19.96246		



The table 2 and figure 2 showed that, the mean score of social skills of boys and girls students are 287.94 and 287.3 respectively. The 't' value comes out to be 0.82058 which is the significant at 0.01 level. Therefore, the null hypothesis is accepted. There will be no significant difference social skills of boys and girls. There exists significant difference in the mean scores of Social Skills between boys and girls. Since the mean of the boys students is greater than the mean of the girl's students of social skills.

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